

Mirador de La Peña-Restaurant



15,00 14,00 15,00 €uros. 10,00 14,00 18,00 €uros. 13,00 14,00 13,00 13,00

> 15,00 14,00 12,00 9,00

€uros. 15 00

Cold and Warm Salads
Goat cheese salad with honey vinaigrette and nuts
Tuna escabeche salad on a bed of potatoes
Warm salad with prawns and eels
Cold starters

Cold starters
Cheese mojo typical from El Hierro
Selection of cheeses from our island
Pineapple stuffed with prawns

Hot starters
Homemade croquettes 'Reserva de La Biosfera'
Gulas with garlic prawns in earthenware casserole
Grilled limpets
Fried moray eel

Warm sweet potato pie with cod fish
Piquillo peppers stuffed with lamb or cod fidsh
Sweet gofio with cheese and a variation of mojos
Escaldón de gofio with typical mojos and onion
Vocatables

vegetables				
Grilled seasonal	vegetables	with	olive	oil

ermed reduction regardance with onve on	10,00
Cream soups and soups	€uros.
Fish soup	9,50
Egg broth soup typical from El Hierro	8,50
Creamy pumpkin soup with black pudding and gratin cheese	8,50

Eggs and Pasta	€uros.
Scrambled eggs with cod fish and prawns	14,00
Tagliatelle a la carbonara or with vegetables	13 00

Fish	€uros.
Fish fillet marinated with soy and orange sauce	15,00
Fish fillet in clam sauce	15,00
Cod in pil-pil sauce	18,00
Battered cod loins with sweet potato chips	18,00

Fried cabrillas with 'wrinkly potatoes' and typical mojos	19,00
Viejas al gusto (stewed or fried)	18,00
Tuna tartar	20,00
Tuna fillet with anchovies (Albacore loin larded with anchovies)	16,00

Meat	€uros.
Fried kid meat, 'herreño style'	20,00
Fried rabbit or in salmorejo	15,00
	00.00

Thou tuber of mountains	
Herreño lamb stew	22,00
Chicken breast stuffed with mushroom sauce	15,00
Pork tenderloin with apple sauce and Dijón mustard	18,00
Pork tenderloin with cheese, sweet and sour sauce and dried fruits and nuts	16,00
Beef tenderloin 'La Peña'	25.00

Boot foliacitotti La Folia	20,00
Desserts	€uros
Cinners in a conserva	6.00

Cinnamon ice cream	6,00
P neapple (glazed or natural) from El Hierro	5,00
wesadilla with macerated dried figs	5,70
Assortment of ice creams (Blackberry, banana and pineapple)	7,50
Checolate brownie with banana ice cream from the Canary Island	ls 6,00
Chaese cake with fruit coulis	6,00
Gotio mousse with honey and almond granules	6,00



